



**Friday, April 25th
1:00pm - 4:00pm**

APDA Missouri Chapter Office
16100 Chesterfield Parkway West, Suite 125
Chesterfield, MO 63017

Individuals with Parkinson disease are invited to join APDA and Washington University Physical Therapy for a Golf Clinic designed specifically for you! This unique event focuses on improving movement quality to enhance your golf game and everyday life. Physical therapists will guide you through personalized assessments, including a golf screen and swing analysis, to identify key areas for improvement. You'll receive tailored exercises to boost mobility, strength, and stability, helping you play longer and feel better. Whether you're in pain or aiming to elevate your performance, this clinic has something for everyone. Don't miss out on this opportunity to swing better and move better!

Register below and select your preferred 45 minute time slot. Participants are asked to bring a 6-Iron to their assessment. Space is limited, so register today!

If you have any questions, please contact Jen McNamee at 636-681-3435 or jmcnamee@apdaparkinson.org